

Nick Green
May 22, 2017
12:05 p.m.
Formal Observation

1st grade

Explained the activity for today.

Kids on warm up laps

Had kids sit on floor and explained the Pizza Deliver Activity (I like how you tie in real world applications to fitness activities.)

Kids waiting for the pizza car doing jumping jacks.

Lots and lots of movement. Kids very excited.

Asked kids to sit on the blue line.

Uber driver activity. "Just like your parents drive between the lines on the road, you need to follow the lines."

They definitely liked the Uber activity. When they committed a "traffic offense" they had to do a penalty like jumping, etc.

Walked around. Addressed individual team issues that arose.

They really started to break a lot of the "traffic" rules as this progressed. Lots on excitement and engagement. Everyone's heart rate should be up some.

Had time left so incorporated another activity. (What was this...is this activity?)